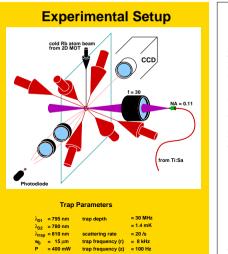


# A strongly confining dipole trap for **Rubidium atoms**



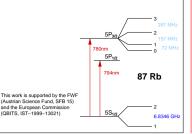
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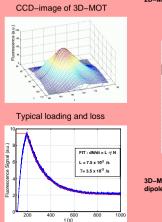


### Abstract

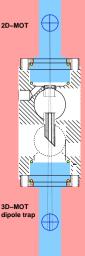
Rubidium atoms are accumulated in a conventional MOT and transferred into a dipole trap produced by a 1W Ti:Sapohire laser which is tuned to 810nm and focused to a waist of about 15 µm. We achieve trapping frequencies above the recoil frequency, such that the Lamb-Dicke regime of cooling can be reached, and we observe trap lifetimes of several seconds. We report about the experimental setup and the characterisation of the trap. Measurements of the trap loss show a strong wavelength-dependent quadratic contribution due to inelastic collisions, including photoassociation. Measured trap frequencies agree with the expectation.

We also present the first steps towards a blue-detuned trap consisting of two crossed hollow laser beams.





**Double MOT system** 



### Loading Process and Detection

(a.u.)

recapture (

scence after

Fit: α= 0.04 B = 2.5

10 MOT off (s)

LIFETIME and LOSS

Dipole trap operation of 0.2 to >20s gives reliable values for the atom number in the trap. We fit the experimental data assuming linear loss (due to background gas collisions) and quadratic losses (inelastic collisions of trapped atoms):

(ZHW

 $\frac{dN}{dt} = -\alpha N - \beta N^2$ Result : Since linear losses are rather low, guadratic

processes dominate for times up to 15s



Doppler cooling limit : 1,46 MHz (144 µK)

· 3 75 kHz ( 370 nK)

recoil limit

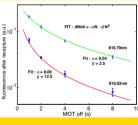
#### Loading Process:

Few seconds of 2D–MOT operation yields approx. 10<sup>6</sup>Atoms in 3D–MOT. While the dipole laser is on, the atom sample is compressed by increasing the magnetic field gradient and tuning the cooling laser close to the stomic reserver. atomic resonance. The MOT is switched off. Transfer efficiency to dipole trap: 20%

#### Detection:

The atoms are released from the dipole trap and recaptured by the MOT. During fluorescence detection, the cooling laser is tuned close to resonance, such that loading from background vapor equals losses due to heating. Detector Signal : 1 V / 10 Xioms (estimated)

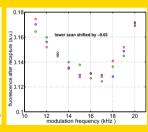
### **Dipole trap measurements**



**PHOTOASSOCIATION** 

The quadratic loss depends strongly on the detuning of the trap laser. Results are shown for trapping light wavelengths of 810.02 nm and 810.79 nm, where the quadratic loss coefficient varies by a factor of five

Photoassociation loss spectra for Rt are given in : J. D. Miller, R.A. Cline and D.J. Heinzen, PRL 71, 2204 (1993)



#### **TRAP FREQUENCIES**

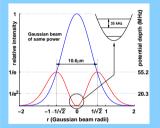
The focused dipole trap beam has a waist of approx. 15µm and a focus depth (Rayleigh range) of >800 µm. Therefore, the radial trap frequencies are two orders of magnitude higher than the axial trap frequency, which leads to a broad range of radial frequencies as a function of position along the beam axis. trap frequencies:  $\omega_r = \sqrt{4U / m \omega_0^2}$ ;  $\omega_z = \sqrt{2U / m z_R^2}$ R. Grimm and M. Weidemüller in Adv. At. Nol. Opt. Phys. 42, 95 (20

The measurement uses parametric excitation at 2 (0),

which leads to increased trap loss

### **OUTLOOK:** Blue detuned Trap

#### Intensity profile of TEM01\*-mode







## WHAT ?

trapping few atoms in the dark

trap depth > Doppler temperature

harmonic potential

Raman spectroscopy

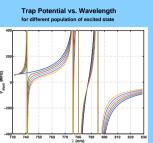
resolved Raman sideband cooling cooling to 3D ground state of trap

#### HOW ?

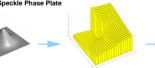
generate trap by two crossed blue detuned doughnut modes

loading of the dipole trap with precooled atoms from a 3D MOT

Raman sideband cooling with phaselocked diode lasers











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